

— Health Insurance

MANIPALCIGNA PRIME SENIOR

CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY

This document provides key information about your policy. You are also advised to go through your policy document.

Title	Description (Please refer to applicable Policy Clause Number in next column)			Policy Clause Number		
Name of Insurance Product/Policy	M	ManipalCigna Prime Senior - Elite				
Policy Number	xx	XXXXXX				
Type of Insurance Product/Policy		Both indemnity and Benefit (Where the policy has elements of both) Indemnity - Where insured losses are covered up to Sum Insured under the policy. Benefit - Where the Insurance Policy pays a fixed amount under the policy on the occurrence of a covered event.				
a separate sum insured the policy,			I the policy,	3		
			Sum Insured (in Rs)	_		
		<pre><insured 1="" name=""></insured></pre>	XXXXX	_		
				<insured 2="" name=""> xxxxx</insured>		
Sum Incured	<insured 3="" name=""></insured>		xxxxx			
4 (Basis) (Along with amount)		have a single sum insu				
		Insured Name	Sum Insured (in Rs)			
		<insured 1="" name=""></insured>				
		<insured 2="" name=""></insured>	xxxxx			
		<insured 3="" name=""></insured>				
	Insurance Product/Policy Policy Number Type of Insurance Product/Policy Sum Insured (Basis) (Along with	Name of Insurance Product/Policy Policy Number Type of Insurance Product/Policy Sum Insured (Basis) (Along with amount)	Name of Insurance Product/Policy Policy Number Type of Insurance Product/Policy Both indemnity and Belements of both) Indemnity - Where insured under the policy Benefit - Where the Insured under the policy on the Insured Name Insured Name Insured Name 1> Insured Name 2> Insured Name 3> Floater Sum Insured have a single sum insuror all members. Insured Name Insured Name 3> Insured Name Insured Name 3>	Name of Insurance Product/Policy Policy Number Type of Insurance Product/Policy **Both indemnity and Benefit (Where the policy has elements of both) Indemnity - Where insured losses are covered up to Sum Insured under the policy. **Benefit - Where the Insurance Policy pays a fixed amount under the policy on the occurrence of a covered event. **Individual Sum Insured - Where each insured member has a separate sum insured the policy, Insured Name Sum Insured (in Rs) **Insured Name 1>		



1. In-patient Hospitalization (When you are hospitalized) D.I.1 Room Rent: Covered up to Single Private A/C Room For ICU - Covered up to Sum Insured This benefit shall also offer the below covers up to the limits mentioned: a. Listed Modern and Advanced Treatments: Up to Sum Insured b. HIV/AIDS & STD: Up to Sum Insured c. Mental Illness: Up to Sum Insured For below mentioned ICD Codes: Waiting Period of 24 months shall apply. **ICD 10 DISEASES** CODES F05 Delirium due to known physiological condition Other mental disorders due to known physiological F06 condition Personality and behavioural disorders due to known F07 physiological condition F10 Alcohol related disorders F20 Schizophrenia F23 Brief psychotic disorders F25 Schizoaffective disorders Unspecified psychosis not due to a substance or F29 **Policy** known physiological condition Coverages F31 5 Bipolar disorder (What the policy F32 Depressive episode covers?) F39 Unspecified mood [affective] disorder F40 Phobic Anxiety disorders F41 Other Anxiety disorders F42 Obsessive-compulsive disorder F44 Dissociative and conversion disorders F45 Somatoform disorders F48 Other nonpsychotic mental disorders Specific personality disorders F60 F84 Pervasive developmental disorders F90 Attention-deficit hyperactivity disorders F99 Mental disorder, not otherwise specified D.I.2 2. Pre - hospitalization Medical Expenses Covered up to 60 days before the date of hospitalization; Covered up to the Sum Insured 3. Post - hospitalization **D.I.3** Medical Expenses Covered up to 90 days post discharge from the hospital; Covered up to the Sum Insured 4. Day Care Treatment D.I.4 Covered up to the Sum Insured

5. Domiciliary Hospitalization (Treatment at Home)

Pre and Post Hospitalization Expenses: 30 days each

Covered up to Sum Insured

ManipalCigna Prime Senior | Elite | Customer Information Sheet | UIN: MCIHLIP23151V012223 | March 2024

D.I.5



	————Health Insura	ance
6.	Road Ambulance (Reimbursement of Ambulance Expenses)	D.I.6
	Covered up to the Sum Insured	
7.	Donor Expenses (Hospitalization Expenses of the donor providing the organ)	D.I.7
	Covered up to the Sum Insured including:	
•	Pre & Post Hospitalization expenses (Up to 30 days each) of the donor	
•	Cost towards donor screening once in a Policy year for	
	successful transplant	
•	Complications arising during hospitalization or up to 30	
	days from date of discharge - Up to 25% of SI subject to	
	maximum of ₹2 Lacs, Over and above Sum Insured	
	e will not cover expenses towards the Donor in respect of	
CO	st associated to the acquisition of the organ.	
8.	Restoration of Sum Insured (When opted Sum Insured	D.I.8
	is insufficient due to claims)	D.1.0
	Multiple Restoration is available in a Policy Year for all	
	illnesses, whether unrelated or same, in addition to the	
	Sum Insured	
	Applicable for below covers only	
	i. D.I.1 - In-patient Hospitalization	
	ii. D.I.2 - Pre - hospitalization	
	iii. D.I.3 - Post - hospitalization	
	iv. D.I.4 - Day Care Treatment	
	v. D.I.6 - Road Ambulance	
	vi. D.I.7 - Donor Expenses	
	vii. D.I.9 - AYUSH Treatment	
	viii. Non-Medical Items (if ManipalCigna Health 360 Shield	
	is opted and applicable)	
Re	storation shall not get triggered for the 1st claim	
	e maximum liability under a single claim shall not be more	
	an Base Sum Insured + Cumulative Bonus + Restored Sum	
	sured	
	AYUSH Treatment (In-patient Hospitalization)	D.I.9
4.0	Covered up to the Sum Insured	
10	. Daily Cash for Shared Accommodation	
	Daily Cash benefit for occupying shared accommodation	
	while hospitalized of ₹800 per day up to maximum of	D.I.10
	₹5,600 per hospitalization	
	Payable for each continuous and completed 24 Hours of	
	Hospitalization during the Policy Year	
	This benefit gets triggered post 48 hours of In-patient	
	hospitalization and shall be payable from 1st day onwards.	
11	. Air Ambulance Cover	D.I.11
	Covered up to sum insured subject to maximum of ₹10	D.I. I I
	Lacs in addition to the Sum Insured for expenses incurred	
	on Air Ambulance	
Va	lue Added Covers	
	is section lists the additional value added benefits that are	
	ailable along with your plan	
	. Domestic Second Opinion	_
	Available for 36 listed Critical Illness/es	D.II.1



————— Health Insura	nce —
13. Tele consultation Unlimited Tele-consultation including specialist during the Policy Year	D.II.2
14. Cumulative Bonus	
A guaranteed bonus of 10% of Sum Insured for every completed Policy Year, subject to a maximum accumulation up to 100% of the Sum Insured.	D.II.3
15. Premium Waiver Benefit Waives off one year Policy Premium (including premium for optional covers, rider and taxes) upon occurrence of any of the listed contingencies (Accidental death/ listed Critical Illnesses) to the Policyholder who is also an Insured Person in the Policy	D.II.4
16. Discount from Network Providers Discount on Pharmacy, Diagnostics, Medical Devices, Health Supplements and other health-related services offered by the Network Providers of ManipalCigna Health Insurance Company Limited	D.II.5
17. Health Check Up	D II 0
Available each policy year For Sum Insured up to 10 Lacs: Up to ₹3,500 per insured member	D.II.6
For Sum Insured above 10 Lacs: Up to ₹5,000 per insured member Annually from 1st year onwards	
The Health Check-up shall be offered on cashless basis only. However, the eligible insured may avail health check from the MCHI Network of Health Check Up Center up to the limit specified.	
Optional Covers (Available if opted) This section lists the available optional covers under your plan and the limits under each of these options	
1. Any Room Upgrade The Insured Person shall be eligible to upgrade the room type category eligibility under the Policy to "Any Room Category" in a Hospital.	D.III.1
 Reduction in PED waiting period Option to reduce the PED waiting period to 90 Days 	D.III.4
3. Deductible Deductible of ₹10,000, ₹25,000, ₹50,000, ₹1,00,000, ₹2,00,000, ₹3,00,000, ₹4,00,000 or ₹5,00,000 can be opted at the inception or during any Renewal of the Policy. For Deductible of ₹10,000, the cover can be opted either at inception or can be opted or removed at the time of Policy Renewal. For Deductible of ₹25,000 and above, the cover can	D.III.5
be opted either at inception or can be opted or removed at the time of Policy Renewal. On opting out of deductible of ₹25,000 and above, the enhanced coverage during any policy renewals will not be available for an illness, disease, injury already contracted under the preceding Policy Periods or earlier. All waiting periods as applicable under the base policy shall apply afresh for this enhanced limit from the effective date of such enhancement.	



		Health Insura	ance —
		Add on cover (Rider) (If Opted) This section lists the Add on cover available under your plan 1. ManipalCigna Health 360 Add On Cover (UIN:	Add on policy wordings
6	Exclusions (What the policy does not cover)	 Investigation & Evaluation - Code - Excl. 04 Rest Cure, rehabilitation and respite care - Code - Excl. 05 Obesity/ Weight Control: Code - Excl. 06 Change-of-Gender treatments: Code - Excl. 07 Cosmetic or plastic Surgery: Code - Excl. 08 Hazardous or Adventure sports: Code - Excl. 09 Breach of law: Code - Excl. 10 Excluded Providers: Code - Excl. 11 Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. Code - Excl. 12 Treatments received in heath hydros, nature cure clinics, spas or similar establishments. Code - Excl. 13 Dietary supplements and substances that can be purchased without prescription. Code - Excl. 14 Refractive Error: Code - Excl. 14 Refractive Error: Code - Excl. 15 Unproven Treatments: Code - Excl. 16 Sterility and Infertility: Code - Excl. 17 Maternity: Code - Excl. 18. Dental Treatment, orthodontic treatment, dentures or Surgery of any kind unless necessitated due to an Accident and requiring minimum 24 hours Hospitalization. Treatment related to gum disease or tooth disease or damage unless related to irreversible bone disease involving the jaw which cannot be treated in any other way, unless specifically covered under the Policy. Circumcision unless necessary for treatment of a disease, illness or injury not excluded hereunder or due to an accident. Instrument used in treatment of Sleep Apnea Syndrome (C.P.A.P.) and Continuous Peritoneal Ambulatory Dialysis (C.P.A.D.) and Oxygen Concentrator for Bronchial Asthmatic condition, Infusion pump or any other external devices used during or after treatment. External Congenital Anomaly or defects or any complications or conditions arising therefrom. 	E.I.4 to E.I.18 and E.II.3 to E.II.16



- 20. Prostheses, corrective devices and medical appliances, which are not required intra-operatively for the disease/ illness/ injury for which the Insured Person was Hospitalized.
- 21. Any stay in Hospital without undertaking any treatment or any other purpose other than for receiving eligible treatment of a type that normally requires a stay in the hospital.
- 22. Treatment taken outside the geographical limits of India.
- 23. Costs of donor screening or costs incurred in an organ transplant surgery involving organs not harvested from a human body.
- 24. Any form of Non-Allopathic treatment (except AYUSH Treatment (In-patient Treatment)), Hydrotherapy, Acupuncture, Reflexology, Chiropractic treatment or any other form of indigenous system of medicine.
- 25. All Illness/expenses caused by ionizing radiation or contamination by radioactivity from any nuclear fuel (explosive or hazardous form) or from any nuclear waste from the combustion of nuclear fuel nuclear, chemical or biological attack or in any other sequence to the loss.
- 26. All expenses caused by or arising from or attributable to foreign invasion, act of foreign enemies, hostilities, warlike operations (whether war be declared or not or while performing duties in the armed forces of any country), participation in any naval, military or air-force operation, civil war, public defense, rebellion, revolution, insurrection, military or usurped power, active participation in riots, confiscation or nationalization or requisition of or destruction of or damage to property by or under the order of any government or local authority.
- 27. All non-medical expenses including convenience items for personal comfort not consistent with or incidental to the diagnosis and treatment of the disease/illness/injury for which the Insured Person was hospitalized belts, collars, splints, slings, braces, stockings of any kind, diabetic footwear, thermometer and any medical equipment that is subsequently used at home except when they form part of room expenses, procedure charges and cost of treatment. For complete list of Non-medical expenses, please refer to the Annexure III List I "Items for which Coverage is not available in the Policy"
- 28. Any deductible amount or percentage of admissible claim under co-pay if applicable and as specified in the Policy Schedule.
- 29. Existing diseases disclosed by the Insured Person (limited to the extent of the ICD codes mentioned in line with Chapter IV, Guidelines on Standardization of Exclusions in Health Insurance Contracts, 2019), provided the same is applied at the underwriting and consented by You/Insured Person.

		1. Initial Waiting Period: First 30 days from the Policy start	
		date, for all Hospitalization due to Illnesses, except Accident.	E.I.3
		2. Specific Waiting Period (Not Applicable on claim	
		arising due to accidents):	E.I.2
		24 Months for following diseases:	
		i. Cataract and other disorders of lens and Retina,	
		ii. Hysterectomy for Menorrhagia or Fibromyoma or prolapse	
		of Uterus or myomectomy for fibroids unless necessitated	
		by malignancy	
		iii. Knee Replacement Surgery (other than caused by an	
		Accident), Non-infectious Arthritis, Gout, Osteoarthritis	
		and Osteoporosis, Joint Replacement Surgery	
		(other than caused by Accident), Prolapse of	
		Intervertebral discs(other than caused by Accident), all	
		Vertebrae Disorders, including but not limited to	
		Spondylitis, Spondylosis, Spondylolisthesis,	
	Waiting Period	iv. Varicose Veins and Varicose Ulcers,	
	Time period	v. Stones in the urinary uro-genital and biliary systems	
	during which	including calculus diseases and complications thereof,	
	specified	vi. Benign Prostate Hypertrophy, all types of Hydrocele,	
	disease/	vii. Fissure, Fistula in anus, Piles, all types of Hernia, Pilonidal	
	treatment	sinus, Hemorrhoids and any abscess related to the anal	
7	are not	region,	
	covered.	viii. Chronic Suppurative Otitis Media (CSOM), Deviated	
	 It is counted 	Nasal Septum, Sinusitis and related disorders, Surgery	
	from the	on tonsils/throat disorder or surgery,	
	beginning	ix. Gastric and duodenal ulcer, any type of Cysts/Nodules/	
	of the policy	Polyps/ Benign tumors including internal tumors and	
	coverage.	skin tumors, and type of breast lumps,	
		x. Any surgery of the genito-urinary system unless	
		necessitated by malignancy.	
		xi. Congenital Internal diseases	
		xii. Rheumatism including the rheumatism of bones, joints	
		and also rheumatic heart disease	
		If these diseases are pre-existing at the time of proposal or	
		subsequently found to be pre-existing the pre-existing waiting	
		periods as mentioned in the Policy Schedule shall apply	- 14
		3. Pre-existing disease waiting period: 24 months	E.I.1
		4. Personal waiting period:	ги 4
		A Personal waiting period not exceeding 48 months may	E.II.1
		be applied to individuals depending upon declarations on	
		the proposal form and existing health conditions. Please	
		refer to the "Special Conditions" Column on your Policy	
		Schedule to identify if any personal waiting period is	
		applied to your Policy.	



		5. Menta A 24 n Illness	E.II.2	
		ICD 10 CODES	DISEASES	
		F05	Delirium due to known physiological condition	
		F06	Other mental disorders due to known physiological condition	
		F07	Personality and behavioural disorders due to known physiological condition	
		F20	Schizophrenia	
		F23	Brief psychotic disorders	
		F25	Schizoaffective disorders	
		F29	Unspecified psychosis not due to a substance or known physiological condition	
		F31	Bipolar disorder	
		F32	Depressive episode	
		F39	Unspecified mood [affective] disorder	
		F40	Phobic Anxiety disorders	
		F41	Other Anxiety disorders	
		F42	Obsessive-compulsive disorder	
		F44	Dissociative and conversion disorders	
		F45	Somatoform disorders	
		F48	Other nonpsychotic mental disorders	
		F60	Specific personality disorders	
		F84	Pervasive developmental disorders	
		F90	Attention-deficit hyperactivity disorders	
		F99	Mental disorder, not otherwise specified	
	Financial limits of coverage • Sub-limit (it is pre-defined limit and the	for the	olicy will pay only up to the limits specified hereunder following diseases/procedures: oplicable	D.I.1
8	insurance company will not pay any amount in excess of this limit Co-payment	followi Sub-lii Room	e of claim, this policy requires you to share the ng sub limits: Expenses exceeding the following mits Rent: Covered up to Single Private A/C Room U - Covered up to Sum Insured	D.I.1
	(it is a specified amount percentage of admissible claim amount to be paid by policyholder / insured).	*Zona Identif the pro a) Pe	yment xxx% I Co-payment ication of Zone will be based on the location-City of oposed Insured Persons. ersons paying Zone I premium can avail treatment all er India without any Zonal Co-pay	F.II.5 & F.II.6

	Deductible (It is specified amount: up to which and insurance company will not pay any claim, and which will be deducted from total claim amount (if claim amount is more than specified amount) Any other limit (as applicable)	 b) Persons paying Zone II premium i. Can avail treatment in Zone II and Zone III without any Zonal Co-pay ii. Availing treatment in Zone I will have to bear 10% of each and every claim. c) Person paying Zone III premium i. Can avail treatment in Zone III, without any Zonal Co-pay ii. Availing treatment in Zone II will have to bear 10% of each and every claim. iii. Availing treatment in Zone I will have to bear 20% of each and every claim. Aforesaid Co-payments for claims occurring outside of the Zone will not apply in case of Hospitalization due to Accident. The aforesaid Co-payments will be applied in conjunction to Section F.II.5 of the Policy. 4. Deductible Deductible Deductible of Rs. Xxx per policy year on aggregate basis. 	D.III.5
9	Claims/Claims procedure	Details of procedure to be followed for cashless services as well as for reimbursement of claim including pre and post hospitalization: To know the process for our cashless and reimbursement claims visit - https://www.manipalcigna.com/claims Turn Around Time (TAT) for claim settlement i. TAT for pre-authorization of cashless facility - within 4 hours from the last complete document. ii. TAT for cashless final bill settlement - within 4 hours from the last complete document Web links for the followings: i. Network hospital details - https://www.manipalcigna.com/locate-us ii. Helpline Number - https://www.manipalcigna.com/locate-us iii. Hospital which are blacklisted or from where no claims will be accepted by insurer- https://www.manipalcigna.com/locate-us iv. Link for downloading claim form - https://www.manipalcigna.com/downloads/claims	G.I
10	Policy Servicing	For hassle free policy servicing customer can manage their policy by clicking on https://eservicing.manipalcigna.com/login or Download myManipalCigna App from Playstore or appstore	F.I.16



LEVEL 1

Health Relationship Managers

Call our toll-free number <u>1800-102-4462</u> between 9:00 AM to 9:00 PM.

Email us at headcustomercare@manipalcigna.com For Senior Citizen Assistance

Seniorcitizensupport@ManipalCigna.com

LEVEL 2

Senior Manager - Grievance Cell

Call us on <u>022-61703600</u> between 10 am to 6 Pm (Monday to Friday)

Email us at complaints@manipalcigna.com

11 Grievances/Complaints

LEVEL 3

Grievance Redressal Officer

Call us on <u>022-61703603</u> between 10 am to 6 Pm (Monday to Friday)

Email us at GRO@manipalcigna.com

For Senior Citizen Assistance

Seniorcitizensupport@ManipalCigna.com

LEVEL 4

Approach Ombudsman

If the channels above have still not met your expectations, you may approach the insurance ombudsman, the office Name and address details applicable for your state can be obtained from https://www.cioins.co.in/Ombudsman

Note: You may also approach the Insurance ombudsman if your complaint is open for more than 30 days at any of the above levels.

F.I.24



		Free Look Cancellations: The Free Look Period shall be applicable at the inception of the Policy and not on renewals or at the time of porting the policy. The insured shall be allowed a period of 30 days from date of receipt of the Policy to review the terms and conditions of the Policy, and to return the same if not acceptable. To avail: - Customer can request for cancellation writing to - customercare@manipalcigna.com from the registered email id with us. OR - Customer can also visit any MCHI Branch and give a written	F.I.15
		request	
		Policy Renewal: The policy shall ordinarily be renewable except on grounds of fraud, moral hazard, misrepresentation by the insured person.	F.I.10
10	Things to	Migration: The Insured Person will have the option to migrate the Policy to other health insurance products/plans offered by the company by applying for migration of the policy at least 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the company, the Insured Person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on migration.	F.I.8
12	remember	For Detailed Guidelines on Migration, kindly refer IRDAI Guidelines Ref No: IRDAI/HLT/REG/CIR/003/01/2020	
		To avail: - Customer can share for migration of the policy 30 days prior to the renewal date by writing to - customercare@manipalcigna.com from an email registered with us OR - Visit nearest ManipalCigna Branch and submit a written request OR - Contact the intermediary/agent assigned to the customer for assistance	
		Portability: The insured person will have the option to port the policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 45 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed insured person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability.	F.I.9
		For Detailed Guidelines on Portability, kindly refer IRDAI Guidelines Ref No: IRDAI/HLT/REG/CIR/003/01/2020.	



		To avail: - Customer can share for portability of the policy 45 days prior to the renewal date by writing to - customercare@manipalcigna.com from an email registered with us OR - Visit nearest ManipalCigna Branch and submit a written request OR - Contact the intermediary/agent assigned to the customer for assistance		
	Change in Sum Insured: Sum insured can be changed (increased/decreased) only at the time of renewal or at any time, subject to underwriting by the Company. For any increase in SI, the waiting period shall start afresh only for the enhanced portion of the sum insured.			
		Moratorium Period: After completion of 60 continuous months of coverage (including portability and migration) under this policy no look back would be applied. This period of 60 months is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and subsequently completion of 60continuous months would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no claim under this policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract. The policies would however be subject to all limits, sub limits, co-payments as per the policy.	F.I.12	
13	Your Obligations	 Please disclose all pre-existing disease/s or condition/s before buying a policy. Non-disclosure may result in claim not being paid. The Policy shall be void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, mis-description or non-disclosure of any material fact. 	F.I.1	

<u>Declaration</u>	by	<u>the</u>	Polic'	<u>y Holder:</u>

have read the above and confirm having noted the details.	
Diago:	

Date: _____ (Signature of Policyholder)

Note:

- i. Insured/policyholder can get the product related document at https://eservicing.manipalcigna.com/document-vault
- ii. In case of any conflict, the terms conditions mentioned in the policy document shall prevail.

(Benefits and exclusion are applicable as per the plan chosen, please refer the policy schedule for the applicable benefits).